



Employee Assistance Programme

Your workplace Counsellor can help you with:

- > Work related issues
- > Grief and loss
- > Depression
- > Stress and anxiety
- > Family problems
- > Relationships (at home or at work)
- > Financial and legal matters

...in fact, most difficult things life brings.

CLS addresses work related and personal issues which may affect you at work. We provide **consultation, counselling and training.**

Confidentiality is assured.

Local Call Cost

For further information or for an appointment please contact:

1300 132 098